



ChaseteamMalvern

All Saints – St Andrew's – St Mary's
Partnering with God in the flourishing of our communities

Prayer: The Heartbeat of Faith

Life Group Material

Prayer & Action

w/b 21st September 2025

(Feel free to choose questions as appropriate for your group)

Starter:

1. *Little acts of kindness are powerful! Share an example of a kindness someone has shown you and what difference it made.*
2. *What do you make of this quote from Mother Theresa- what do you agree with/ disagree with?*
"I used to pray that God would feed the hungry, or do this or that, but now I pray that he will guide me to do whatever I'm supposed to do, what I can do. I used to pray for answers, but now I'm praying for strength. I used to believe that prayer changes things, but now I know that prayer changes us..."

Read Luke 11:1-13 (same passage as two weeks ago, but looking at it from the perspective of today's theme)

1. *What strikes you/ jumps out at you from these verses today?*
2. *In the passage, what action does God take when we pray?*
3. *In the Lord's Prayer (vv2-4), what action on our part is implied?*
4. *What do you make of the idea that prayer involves action – both on God's part and our part?*

Read James 2:14-17 (same passage as two weeks ago, but looking at it from the perspective of today's theme)

5. *What strikes you/ jumps out at you from this passage today?*
6. *How might this passage and the idea of faith AND deeds relate to your own prayer life?*
7. *Why do you think the passage speaks so strongly about the need for faith with deeds?*

Prayer, Action and us:

8. *Have you experienced a time when you prayed and as a result you then took a particular action?*
9. *What action might we take as we pray for our communities, nation and the world? How do we discern this?*
10. *How do we find a balance between prayer and action, knowing that each of us will probably tend towards one or the other! Think Mary and Martha!*

*You might like to finish as a group with the **Prayer of St Francis of Assisi:***

Lord, make me an instrument of your peace:

where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O divine Master, grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.